

## **Bristol Insight Meditation Retreat Day Venue**

### **Glenfrome Primary School, Cottisford Rd, Bristol BS5 6TY**



#### **Map.**

Please click [here](#) for a map of the location of Glenfrome School.

#### **Directions by car**

From the M32 take the Eastville Roundabout signposted for Horfield. Once on the Muller Road take the right turning at the second set of lights onto Glenfrome Road. After a quarter of a mile Cottisford Road can be found on the left. About 100 yards along Cottisford Road the school can be found on the right.

From the centre of town at the Haymarket roundabout take the A38 Gloucester Road heading north towards Horfield. After about 2.5 miles and approaching Horfield Common turn right at the traffic lights onto the Muller Road. After about 2 miles on the Muller Road turn left at the traffic lights onto Glenfrome Road. After a quarter of a mile Cottisford Road can be found on the left. About 100 yards along Cottisford Road the school can be found on the right.

#### **Car Parking**

Car parking is max 30 if parking outside of line markings and parking is available in the nearby residential streets. Please park with consideration for local residents.

#### **Bus**

In regard to bus routes, there are a few choices. The number 5 is available and a choice of stops, East Gate or Bell Hill. Number 24 Southmead Hospital-Ashton Vale goes via Muller Road. 506 Create-Southmead Hospital and No 17 Southmead Hospital –Keynsham stops via Muller Road.

#### **Train**

There is also the train from Temple Meads to Stapleton Road which is a 15 min walk to Glenfrome School.

**Facilities** The venue has full kitchen facilities and drinks are available throughout the day in the eating area. The venue has accessible toilets found near the main hall front entrance.